

Zpráva ze sekce HTFE

Anna Radová



Kurz HTFE



- 12 účastníků
- Teorie ve formě e-learningu
- 2 teoreticko-praktické víkendy v Eponě a Caballinu

Výroční členská schůze ČHS - sekce HTFE



Kurz HTFE v RP



- 8 účastníků
- Teorie ve formě e-learningu
- Červen 2021 Praktická část – 4 dny
v z.s Caballinus

Vzdělávací aktivity v Aj

- V roce 2020 proběhl e-learning pro kurz **Equine Facilitated Therapy Basic – 6 účastníků**
- Praktická část, původně zrušena pro Covid, proběhla v květnu 2021 formou on-line workshopu (3 dny), možnost individuálních konzultací
- Nárok na 2 dny praxe v z.s. Caballinus
- www.educationinhippotherapy.com
- **FB v Aj**

EQUINE FACILITATED PHYSIOTHERAPY IN EARLY INTERVENTION

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¹Caballinus z.s.
²CEFTA (The Czech Equine Facilitated Therapy Association)

What is Equine Facilitated Physiotherapy in Early Intervention?

It is a part of comprehensive rehabilitation care provided in the Czech Republic to children from 3 months. Toddlers and infants are positioned on a walking equine by a skilled physical or occupational therapist. Positioning is performed according to an actual milestone of the child's psychomotor development. The movement quality is always taken into consideration.



Why do we start with the therapy that early?

We try to utilise the high plasticity of the young CNS as much as possible. A multimodal stimulation attained by equine back movement influences the global postural and locomotor patterns and helps to diminish or prevent the development of any future movement disorders and eventual deformities.



How do we decide if the therapy is necessary?

A well-developed system of psychomotor evaluation allows us to identify infants at risk of any movement disorder. Assessment is based on examining postural activity, 7 tests for postural reactivity, and a set of primitive reflexes that precisely predict the disorder's seriousness.

Which childrens' conditions can we influence?

In early intervention, the most common conditions we treat are cerebral palsy, central coordination disorder, delayed developmental milestones, different genetic disorders (e.g. Down syndrome, myopathies), or orthopaedic problems. Many children stay without a particular diagnosis for a more extended period. However, we can still provide treatment according to their clinical symptoms, often defined as a hypotonic or hypertonic syndrome. We have outstanding experiences with both.



Czech Equine Facilitated Therapy Association (CEFTA) offers a course in the English language:

Equine Facilitated Physiotherapy (EFPT) applications for Toddlers and Infants, including theoretical and practical parts. Participants will learn how to:

- assess psycho-motor development and pathophysiology,
- select proper equine movement in accordance with treatment goals,
- apply therapy positions on the equine back and needed corrections
- plan and perform an effective and safe EFPT treatment session



Testimonials:

"I've often come to the horse for the most intense course it has been used to open up to me."
Hypotherapy in adults. I really liked the approach, you can really feel the connection between the horse and the child. It is the method that the most interesting way of thinking. Therefore I'm really grateful to learn more about your approach."
Barbara
Hypotherapeut, Brno

"I'd like to thank you for the interesting theory and practical practice. The horse are really very sensitive and it's nice to learn how to work with them in a way that is not only all the same, but also the children, it's really good to see the experience over the long term. I'm really grateful to learn more about your approach."
Barbara
Hypotherapeut, Brno



Evropská konference o HR Aktivní účast sekce HTFE:

- 2 přednášky
- 1 praktická ukázka v rámci workshopu
- Poster HTFE v rané péči



More information at <https://educationinhipotherapy.com>



ČESKÁ HIPOREHABILITAČNÍ SPOLEČNOST

Výroční členská schůze ČHS - sekce HTFE



ČHS PRAHA 2021 ČU



EEFTN



EUROPEAN EQUINE FACILITATED THERAPY NETWORK (EEFTN)

A dynamic group based in Europe working to develop education, practice and research in the field of EFT.

Founded in April 2019, 31 members, 17 countries: Croatia, Czech Republic, Finland, Germany, Greece, Ireland, Italy, Latvia, Lithuania, Netherlands, Norway, Poland, Portugal, Russia, Spain, Sweden and United Kingdom.

A group of Equine Facilitated Therapy (EFT) associations and practitioners from all over Europe working together to share experience and exchange ideas in order to promote best practice, further research, education and development and to support one another.

EEFTN connects therapists on the international level; however, it also promotes national associations and the cooperation of practitioners within their countries.

HEET supports EEFTN in establishing Connection, Communication and Collaboration between organisations and people in European Equine Facilitated Therapy community.



Sub-groups:

Education – setting standards and competencies in EFT.

Reserving the knowledge – working on case study guidelines for EFT educational courses within Europe to get data for future studies and research.

Best practice – creating an online resource for all therapists working with horses as their therapeutic medium.

Case-study presentation – 'safe space' for therapists to share their work and discuss without criticism and judgement.

Meetings: Face to Face and online

INSPIRATION FOR LEARNING
AND NETWORKING THROUGH OPEN
MINDED COLLABORATION



NEW COLLEAGUES ARE WELCOME! <https://educationinhippotherapy.com/eeftn/>

- 21 zemí, 52 členů (před rokem 14 zemí a 24 členů)
- Osobní setkání v Praze – září 2021
- Network pracuje nadále převážně on-line
- Presentace činnosti na Evropské konferenci o hiporehabilitaci v Praze
- a na mezinárodním kongresu HETI v Soulu



Vzdělávací plán 2022



Kurzy v AJ

- EFT basic – Turecko – asistence založení střediska a pilotní vzdělávací program pro 12 účastníků – leden 2022
- EFT basic – podzim 2022 – Caballinus, Praha
- EFT applications for toddlers – jaro 2022 – Caballinus, Praha